

Making Food Security Our Focus

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Social Responsibility Committee-Capital Unitarian Universalist Congregation

The Social Responsibility Committee of the Capital Unitarian Universalist Congregation, which meets weekly in James Bay, has made food security a focus for this year. In September, we held a women's retreat at Glenairley where we discussed what we as a congregation can do for food security in the Capital region and on Vancouver Island. We also made individual pledges of what we each person could do in our own relationship with food to support efforts toward obtaining food security in our community.

We have, with the support of the board of our congregation, applied to FoodRoots for membership in the co-op. We have attended the monthly sustainable feasts and promoted the feasts with our members.

In January, we will be holding a congregational workshop similar in theme to our retreat in September. This will give members not in attendance at that event to learn more about food security issues and give them the opportunity to consider changes they can make in their own use and production of food. It will also give the women who attended the retreat the opportunity to reaffirm the commitments they made then. We have also established a link with the James Bay Community Project in support of their program on food.

Click below to return to the Making Food Matter newsletter:

http://www.communitycouncil.ca/crfair_nl/crfair_nl_issue3_index.html

