

Help make Victoria the Nut Capital of Canada!

Transition Victoria's working group on Food is excited to announce our first major action project: in keeping with our local character, we're setting out to make Victoria the Nut Capital of Canada. Our vision is to plant various varieties of nut trees around the Capital Region, on both public and private land, as a legacy project for current and future generations and as a model for other communities in our bioregion. See below for more details.

We need your help! If anyone is interested in this project, or has any expertise about nut trees that they'd be willing to share, please contact capitalnutproject@gmail.com.

Why nuts? Here are just a few of the many reasons why abundant nut trees could be key to local food security: They're highly nutritious, containing proteins and fats, which have historically been limiting nutrients before the age of fossil fuels. As large trees, they have the potential to resist climate change effects such as windstorms, droughts, and floods better than annual vegetable crops can. They're also highly productive, offering at least as many calories per acre as most grain staples; yet they require far less maintenance once established, and can be interplanted with other food-bearing plant species as part of complex perennial ecosystems. In short, nut trees lend themselves very well to urban permaculture applications, so they're perfectly made for feeding cities!