

Island Meat & Seafood

OPENING - Thursday March 11th, 2010



We promote fresh local products when available.

Seafood Delivered Daily

- ❖ **Salmon**
- ❖ **Halibut**
- ❖ **Scallops**
- ❖ **Prawns**

- ❖ **Beef** - No Hormones / No Antibiotics, or Black Angus
- ❖ **Chicken** - Islands Raised. Pasture Raised & Veggie Fed also available
- ❖ **Lamb** - Islands Raised
- ❖ **Duck** - Vancouver Island Raised
- ❖ **Pork** - Hertels Bacon
- ❖ **Bison** - Extra Lean
- ❖ **Turkey**

- **Fresh Sausage - Made Daily**
- **Sushi and Salad - Made Daily**

Your new local butcher - Steve Walker (Certified since 1977)

**307 Cook Street ▶ Beside the Beagle Pub in the Cook St Village
(250)382-3331**