

The Ebb and Flow of Life

Training in Grief, Loss and Life Transitions

A 6-week course for pastoral care and support workers, clergy, community professionals and others who wish to learn more about the grief process and how to be supportive to those on the journey.

April 22 through May 27

Thursday evenings from 7:00 to 9:00 pm.

Registration deadline - April 14, 2010

Topics to be covered:

- Defining loss
- The grief process
- Models of grief
- Identifying people going through loss
- Complicated grief, pitfalls, grief and depression

Course cost: **\$150.00** for six week program
(*\$125 for non-profits and volunteers*)

To be held at South Island Centre
3821A Cedar Hill Cross Road

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South Island Centre
for Counselling and Training